

## **Skintricate Tattoo Company General Piercing Aftercare**

First off, thank you for choosing Skintricate Tattoo Company as your shop of choice!!

You have just received a professional, safe, and sterile body piercing. We have used the highest implant grade titanium for your jewellery and throughout the piercing procedure. We have done our part; now let us focus on your part!

It is now up to you to take care of your new piercing, so remember: it is normal for the piercing to become swollen and red within the next 24hrs, and you can expect it to get crusty and somewhat sore within the next 48hrs. Depending on the area that has just been pierced, and the size of the jewellery, the healing time varies from 4 weeks to 9 months.

### **H2OCEAN SPRAY HEALING (OR STERILE SALINE SPRAY)**

If you purchased an H2Ocean Piercing Spray, follow these simple instructions for 4 - 6 weeks:

1. Wash gently and rinse once a day in the shower with non-scented soap and water.
2. Spray H2Ocean spray on desired area 2 - 3 times a day (e.g. when you wake up, once in the afternoon and again before you go to bed), as well as after the shower.
3. Once sprayed on, pat it dry with a clean paper towel.
4. Repeat Steps 1 - 3 for 4 - 6 weeks, or until piercing is fully healed.

### **SOAP AND WATER ONLY HEALING**

If you have decided to heal your piercing with just soap and water, follow these instructions for 4 - 6 weeks:

1. Wash your hands before you clean your piercing!
2. We recommend that you use non-scented soap or spectro gel.
3. Wash and rinse the piercing 2 times a day (e.g. morning and night).
4. Put the soap on a clean finger and gently go around both ends of the piercing, then splash the area with water to remove the soap and any debris.
5. Repeat Steps 1 through 4 for 4 - 6 weeks, or until piercing is fully healed.

### **DO NOT!!**

All of the precautions listed below are important to follow during the healing process, as all could result in serious irritation, pro-longed healing and, of course, a very nasty infection!

1. DO NOT SLEEP ON IT (sleeping on a travel pillow can help with ear piercings).
2. DO NOT play with, move/twist, or touch the piercing!
3. DO NOT let other people touch your piercing, including pets.
4. DO NOT use rubbing alcohol, hydrogen peroxide, Bactine, salt and water, or wound healing creams/ointments, such as polysporm, bacitracin etc.
5. DO NOT cover or wrap your piercing in any form of dressing ie. Gauze or Band aids.
6. DO NOT pick, pull, peel or scratch off any crunchies/scabs.
7. DO NOT go swimming in a pool, hot tub, lake, whatever, for at least 4 weeks.
8. DO NOT make your own salt and water solution, you must use a **sterile saline solution** either purchased from us, or from the store.

## APPROXIMATE DOWNSIZING AND HEALING TIMES BY PIERCING

Please see below for recommended times you are able to downsize jewellery, or switch to your own, based on the piercing type. Downsizing is recommended for optimal healing and to avoid migration and snags in some. It is recommended that you get your new piercing downsized/changed by a piercer the first time; so that they can be sure you are healing ok. Please remember, not everyone heals the same, and these times may not work for your piercing. Always check in with us before a possible downsize or change.

Please note, not everyone heals the same, and these times may vary. If the piercing is snagged, caught, slept on, played with, or changed too early, healing time will be affected. Please follow your aftercare diligently and feel free to come by any time during our piercing hours for us to look at how it is healing.

Piercing	Downsize (titanium/gold jewellery only)	Fully Healed (any jewellery you like)
Anti-Tragus, Daith, Faux-Rook, Rook, Snug, Tragus	6 - 8 weeks	5 - 6 months
Conch, Flat, Helix, Nostril	6 - 8 weeks for a stud; 5 - 6 months for a ring	5 - 6 months
Earlobes	4 - 6 weeks	3 - 4 months
Eyebrow	6 - 8 weeks for a shorter bar; 5 - 6 months for a ring	5 - 6 months
Industrial	3 months	6 - 9 months
Lips, Philtrum	6 - 8 weeks for a shorter bar; 3 - 4 months for a ring	3 - 4 months
Navel, Nipples	3 months for a shorter bar; 6 - 9 months for a ring	6 - 9 months

Your piercer's name is Anna or Maddy!

If you have any questions or experience any issues or concerns, please don't hesitate to call us here at the shop 905-858-5055, or come see us.